

Personal Development – 7 Tips to Discovering Your Personal Road to Success

When was the first time you actually sat down and thought through your list of strengths, weaknesses and flaws? Without a working knowledge of who you are, you will stunt your personal development. A person who strives to be the best must know what they have to offer the world. Follow these simple 7 tips to discover your personal road to success.

Before you can move forward in this highly competitive society you must have knowledge of all of your resources. Knowing what you do best, what you do least and what you should stay away from will be critical to your success in life. Follow the steps outlined here and see a whole new world of possibilities. Here are 7 personal growth tips to get you started on your pathway to success.

Tip 1 – Start your personal evaluation by doing a life map. Look back as far as you can remember and tell your life story. You may want to use an outline from a book; a title and several chapters may work well. You may want to draw your story in picture form. You may even want to use a picture collage to describe the different stages of your life.

Tip 2 – The next success step is to look at the data from your story and highlight the hard times. Write down key times in your life that were extremely difficult. The loss of a loved one, a failure in a business deal, even relationship issues gone sour would qualify here. There were lessons learned during these times.

Tip 3 – Step three is to write down the times you remember over the years that were high times. Your successful times in school like graduation(s) count here. Your wedding day or even a promotion on your job fits as high time. You will remember many of these times and when you do write them down.

Tip 4 – Next you will want to list the people who have influenced you the most over the years. The heroes of your life are those relatives, friends or other adults who made a positive impact on you. Write them down.

Tip 5 – Now with this life overview you will see the integration of these factors and how they made a difference in your life. This is the correlation phase. Now draw several personal conclusions from your life map information.

Tip 6 – It is helpful to tell your story to a small group of trusted friends. It should take about 30 minutes. Instruct them to ask you questions and to give you feedback on what they've heard.

Tip 7 – Now with the help of a coach or counselor you will want to formulate a plan to move forward with your personal development goals based on the new information you have discovered about yourself.